

## ACTING CHALLENGE: ACTING A MONOLOGUE

1. Check out the monologue collection and choose the one you like best. Any of the monologues can be performed by girls or boys.
2. If you can, print out your monologue.
3. Check out KERRY'S EXAMPLE (on the ACT Spotlight page).
4. Read and complete the 5 QUESTIONS WORKSHEET (below).
5. Check out the ACTING TIPS page (below).
6. Practice! Practice your monologue out loud. Explore. Try it different ways. Memorize it, if you can. Have fun!
7. Record! When you're ready, have a family member record your monologue for you. Make sure to introduce yourself and film in landscape mode (horizontally).
8. Upload! Visit the ACT Spotlight page to upload your video. Make sure to title it with your name and age.

## 5 QUESTIONS WORKSHEET

*Answering these questions will help make your monologue detailed and interesting.*

- 1. Who are you?** *(Who is the character speaking in the monologue?)*
- 2. Who are you speaking to?** *(It's important that you know who exactly you're talking to)*
- 3. What just happened?** *(What happened in the moment before the monologue starts to make you begin speaking? You may need to make this up for yourself!)*
- 4. What do you want?** *(What are you trying to get from the person you're speaking to?)*
- 5. What are you feeling?** *(You may be feeling lots of things during the monologue. Write them all down here.)*

## ACTING TIPS

1. Don't look directly at the camera. Instead, pick a point a little to the side of the camera and pretend that the person you're speaking to is there.
2. Speak up! Make sure your audience can hear you, even if your monologue is quiet and emotional.
3. Don't fidget. Try not to fidget, mess with your hair or clothes, or shuffle your feet. It's ok to be more still than you would in normal life. However...
4. Use your body! You can show the audience how you're feeling with your body and the way you move (not just with your face and voice).
5. Remember what you want. Think back to what your character wants and really try to get the imaginary person you're speaking to give it to you.
6. Remember your emotions. You may be feeling different things on different lines. Try to show the audience those feelings using your face, voice, and body.
7. Be yourself! Be confident and genuine and have fun!